

Material has value... Integrity is priceless.

As a training instructor I offer Manual Handling training, Abrasive Wheel training, and Working at Heights (Harness & Lanyard Inspection) training.

I also offer forklift training (RTITB Qualified), to both novice & experienced operators, as well as refresher courses to existing experienced operators.

At a glance...

- 30 years of management experience in a number of roles within various service industries.
- QQI qualified training development and evaluation Instructor and qualified forklift instructor (RTITB).
- Continually upskilling, improvising and diversifying.
- Excellent developmental, interpersonal and communication skills.
- Vastly experienced at working autonomously and within cross functional teams.
- Discreet, professional and work with integrity.



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**Workforce safety courses
for you and your business**

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MANUAL HANDLING TRAINING

Every person in the State, that is in the workplace, should attend and complete a manual handling course.

In essence Manual Handling is defined as “any transporting or supporting of a load, by one or more employees, and includes lifting, putting down, pushing, pulling, carrying or moving a load which, by reason of its characteristics or of unfavourable ergonomic conditions, involves risk, particularly of back injury, to employees”.

There is an onus on every employer & employee to protect the physical, emotional, economic and social wellbeing of not just themselves but the entire workforce.

Who should attend?

Every person in the State who is in the workforce. Certification should be renewed every 3 years.

ABRASIVE WHEEL TRAINING

Specifically for anyone working in construction, steel fabrication or in light industry.

There is an onus on both employers & employees to protect the physical, emotional, economic and social wellbeing of not just themselves but the general population around them.

Who should attend?

Anybody who is working in construction, steel fabrication or light industry. Certification should be renewed every 3 years.

WORKING AT HEIGHTS (HARNES & LANYARD INSPECTION) TRAINING

Primarily aimed at people working in the construction industry, or anyone working in an environment where they may be working at heights

In essence `Working at heights` is defined as working in a place that, if one were to fall, that they would be at risk of injury.

There is an onus on both employers & employees to protect the physical, emotional, economic and social wellbeing of themselves and each other.

Who should attend?

Anybody who is working in construction or an environment requiring working at heights. Certification should be renewed every 3 years.

FORKLIFT TRAINING

Forklifts are very useful machines, however they can be extremely dangerous if not maintained properly, used correctly and for the purpose for which they are designed.

By law, employers are obliged to ensure that their employees are fully trained and competent to operate forklifts whilst undertaking their duties. Furthermore written authorisation must be given for an employee to operate a forklift while carrying out their duties (as per the Safety, Health and Welfare at Work Act 2005 and the Safety, Health and Welfare (General Applications) Regulations 2007). Employees operating forklifts also have an obligation to receive adequate and appropriate training and consent.

The dangers of operating without adequate and appropriate training are not just the risk of accidents, injury or death, but also potential prosecution of both employer and employee, as well as the potential for significant financial and reputational damage.

Who should attend?

- Any person operating a forklift during the course of their employment. Certification should be renewed every 3 years.

Requirements

- Participants should be in good health and of age (the minimum age to operate a forklift in Ireland is 16 years old).
- A good standard of both written and verbal English is required.



Visit www.campbelltrainingandmentoring.ie for more information

Course Certification: On completion of a course, each participant will receive a certificate that lasts for 3 years.